



In light of updated CDC guidelines, St. Joseph's has amended our quarantine policy to the following to take effect as of February 12, 2021.

- 1. Close contacts of positive cases in the home:**
 - a. Must get a PCR test for COVID at day 7 or later after last exposure
 - b. Negative test results from self swab tests and antigen tests are not acceptable for return to school purposes
 - c. Return ON DAY 14.
 - d. Quarantine time may vary depending on isolation in the home and whether or not family has chosen to test the student

- 2. Close contacts in the classroom, community, extended family (not in the home):**
 - a. May get a PCR test for COVID at day 7 or later after last exposure
 - b. Negative test results from self swab tests and antigen tests are not acceptable for return to school purposes
 - c. If tested, student can return after a shortened quarantine (ON DAY 10) while following additional criteria (section 3)
 - d. If not tested, student returns after the full quarantine (ON DAY 14).

3. Students returning to school after a shortened quarantine must be completely symptom free during the entirety of the quarantine period, and should continue monitoring symptoms up to day 14. Additionally, students should adhere strictly to social distancing guidelines, hand hygiene, and mask wearing protocols through 14 days. Any symptoms should be followed by immediate self-isolation and contacting your physician and/or retesting.

4. Regarding athletes, if quarantine is necessary due to close contact status and an athlete is able to return to school AT DAY 10, the student cannot return to close contact athletics (eg, football, weightlifting, wrestling, basketball, soccer or lacrosse) until the full quarantine is completed and they have been tested for COVID-19. After returning to school at day 10 they can attend practices but must remain masked and physically distanced at all times until day 14. In-season athletes in the sports listed above must be tested to return to their sport; the test at day 7 to return to school is sufficient for this purpose. In-season athletes in sports not listed above must be tested to return to their sport but can participate in athletics at day 10.

5. **Students who test positive for COVID-19** can return to school and school-related activities after
 - a. 10 days isolation after positive test **-and-**
 - b. 24 hours fever-free without fever-reducing medication **-and-**
 - c. Overall improvement in symptoms
 - d. Students who have lingering symptoms or more severe disease should get a letter of clearance verifying the date of return from their physician
 - e. Student-athletes who have tested positive for COVID-19 will meet with the athletic trainer to complete the Return to Participation protocol after they return from isolation before they can resume any practices.

Interpretation and implementation of the above is at the discretion of the school administration.