



You are invited to join a *Well-Read Mom's* Small Group.

Well-Read Moms is a way for women to reclaim time to read the best. The goal is to provide a way for women to read high-quality literature together and grow in friendship in the process. WRM groups read one book per month and meet to discuss once a month.

Our year together includes great books, spiritual classics (during Advent and Lent), worthy reads, poetry and selected essays from the Catholic and Western traditions. Book selections for each year correspond to the themes of a woman's life.

This year we are excited to dive into the theme of 'artist' with the help of some excellent authors such as Zora Neale Hurston, Oscar Wilde, and Louisa May Alcott, among others.

"It is with the reading of books the same as with looking at pictures; one must, without doubt, without hesitation, with assurance, admire what is beautiful." Vincent Van Gogh

Well-Read Mom is more than a booklist; it's an experience. You can find out how it all began in this [video on their homepage](#).

We will be forming a new *Well-Read Mom* group at St. Joseph's this year. The only rule is this: **"No apologies for not finishing the book."**

In fact, we encourage women to come to the meetings even if they didn't open the cover. The books can also be "read" by an audio version--perfect for those with long commutes to St. Joseph's.

Another bonus of this mom group is that we only meet once a month-- the 3rd Tuesday of every month at St. Joseph's Catholic School.

Here is our typical meeting schedule:

- 7:00-7:10 Gather and settle in.
- 7:10-7:15 Play the first audio.
- 7:15-8:00 Group discussion.
- 8:00-8:15 Listen to second audio.
- 8:15-8:30 Last comments, close in prayer.

If you are interested in joining the group, please email me at TKiser@sjcatholicschool.org. You can also just show up at the first meeting to check it out.

I will send a monthly reminder about when the next meeting will be as well as the reading list. There's no commitment or costs involved. If you'd like to pay the yearly membership to the Well-Read Mom Organization to support this movement and receive all of the extra materials, I highly recommend this. It is \$29 a year.

For the meeting in September (Tuesday, the 17th), we are supposed to discuss the Pulitzer Prize winning play, Wit--- But don't worry if you don't get a chance to read it. I will give a summary and show selections from it. We will listen to the audio about it and then discuss it.

If you have any questions, please don't hesitate to contact me.

In Joy, Fellowship, and Literature,

Tami Kiser

Some Inspiration

On Mother Culture

“Is there not some need for ‘mother culture’? But how is the state of things to be altered? So many mothers say, ‘I simply have no time for myself!’ ‘I never read a book!’ Or else, ‘I don’t think it is right to think of myself!’ They not only starve their minds, but they do it deliberately, and with a sense of self-sacrifice which seems to supply ample justification.

Mother must have time to herself. And we must not say ‘I cannot.’ Can any of us say till we have tried, not for one week, but for one whole year, day after day, that we ‘cannot’ get one half-hour out of the twenty-four for ‘Mother Culture?’— one half-hour in which we can read, think, or ‘remember.’”

Charlotte Mason